

CURRICULUM VITAE

Dr. Aamir Rauf

MBBS (Pakistan)

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PERSONAL INFORMATION

- ☐ Father's name : Abdur Rauf Khan
- ☐ Date of Birth : 23rd August, 1992
- ☐ Marital Status : Single
- ☐ CNIC No : 14202-1634087-5
- ☐ Nationality : Pakistani
- ☐ Religion : Islam
- ☐ Present Address : House#76, Street#4, Sector#6, KDA, Kohat, KP, Pakistan

ACADEMIC QUALIFICATION

Degree/Certificate	Board / University	Year	Obtained Marks/ Total Marks
SSC (Matric)	FBISE, Islamabad, Pakistan	2008	758/850
F.Sc (Pre-Medical)	FBISE, Islamabad, Pakistan	2010	958/1100
MBBS (1 st Prof)	KMU, Peshawar, KP, Pakistan	2013	866/1300

MBBS (2 nd Prof)	KMU, Peshawar, KP, Pakistan	2014	525/800
MBBS (3 rd Prof)	KMU, Peshawar, KP, Pakistan	2015	594/1000
MBBS (Final Prof)	KMU, Peshawar, KP, Pakistan	2016	945/1600

EXPERIENCE

1. House Job in Ayub Teaching Hospital, Abbottabad, KP, Pakistan: 12 Months

- ☐ 3 Months in General Surgery Unit
- ☐ 3 months in General Medicine Unit
- ☐ 3 Months in Accident & Emergency Unit
- ☐ 3 months in Cardiac Care Unit

2. Medical Officer Surgery and Allied in Pak Red Crescent Teaching Hospital Dina Nath, Kasur, Punjab Pakistan

Duration: 23rd September 2019 to 9th June 2021

3. Demonstrator Khyber Medical University-Institute of Medical Sciences, Kohat , KP, Pakistan

1. Duration: 3rd September 2021—3rd September 2024
2. Duration: 30th June 2025 till date

Professional Skills:

Medical Skills:

1. History taking and Examination of patients
2. Diagnosis and management of outpatient patients having diseases like STDS, Hepatitis, GERD, Peptic Ulcer, Hypertension, Diabetes, Asthma etc.
3. Diagnosis and management of medical emergencies like Acute exacerbation of asthma, Acute exacerbation of COPD, Status epilepticus, Stroke, MI, Hepatic encephalopathy, Hypertensive crisis, Diabetic Ketoacidosis, HONK, Sepsis and Septic Shock etc.
4. Assisting in CVP insertion
5. Interpretation of various laboratory investigations

Surgical Skills:

- A. History taking and examination
- B. Diagnosis and management of outpatient surgical patients
- C. Follow up of patients
- D. Pre and Post op management of patients
- E. Wound Care
- F. Minor Surgical Procedures like Suturing, Debridement, and Incision and Drainage
- G. Assisting in major surgical procedures
- H. Assisting in chest tube insertion
- I. Diagnosis and initial management of various Surgical emergencies like Intestinal Obstruction, Perforated Bowel, Acute Appendicitis, Perforated Appendix, Intestinal Volvulus, Necrotizing Fascitis, Fire arm injuries etc.
- J. Interpretation of X Rays and Laboratory investigations

Accident and Emergency Skills:

- A. History taking and Examination
- B. Triage
- C. Resuscitation
- D. Diagnosis and early management of various Medical and Allied, and Surgical and Allied emergencies such as Anaphylaxis, Poisoning, Foreign body ingestion, Acute exacerbations of Asthma/COPD/DCM, Stroke, MI, Arrhythmia, Encephalopathies, Status epilepticus, Sepsis and Septic shock, Hypertensive crisis, Diabetic Ketoacidosis, Snake Bite, Road Traffic Accidents, Intestinal Obstruction, Obstructed and Strangulated Hernias, Intestinal Perforation, Gangrene, Acute limb ischemia etc.
- E. Referral to relevant departments after initial management
- F. Gastric Lavage
- G. Administering CPR and DC Cardioversion

Cardiology Skills:

- A. History taking and Examination.
- B. ECG Skills: Diagnosis of STEMI, NSTEMI, SVT, Atrial Fibrillation, Atrial Flutter, Multifocal Atrial Tachycardia, VT, VF, Sick Sinus Syndrome, Heart Blocks, Brugada Syndrome, Wellens sign, LV and RV strain patterns etc.
- C. Application of various ECG criterias like Brugada Criteria, Sgarbosa's criteria
- D. Distinguishing various heart sounds and murmurs
- E. Diagnosis and Management of various Cardiac Emergencies like MI, Arrhythmias, Acute Pulmonary edema, Pulmonary Embolism etc
- F. CPR and DC Cardioversion
- G. Interpretation of laboratory investigations
- H. Follow up of Cardiac Patients in Out Patient Department

Pediatric Skills:

- A. History Taking and Examination
- B. Resuscitation
- C. Fluid Calculation
- D. Calculation of antibiotic dose
- E. Diagnosis and management of Bronchitis, Asthma, Allergic reaction/Anaphylaxis, Shock etc
- F. Pediatric CPR

Other Professional Skills:

- 1. Diagnosis and management of **ENT patients** with pharyngitis, tonsillitis, acute otitis media, otitis externa, Chronic Otitis media, FB ear and nose, Allergic rhinitis etc.
- 2. Diagnosis and management of **Eye Patients** with conjunctivitis, foreign bodies in the eye, Chalazion, Stye etc.
- 3. Ability to diagnosis various fractures on X-Rays, reduction of displaced ankle, elbow, wrist and shoulder joints, back slab etc.
- 4. Diagnosis, management and referral where necessary of **Gynae and Obstetrics patients** with STDS, Pelvic Abscess, PID, Bacterial Vaginosis, Pregnancy induced hypertension, Eclampsia and Preeclampsia, Post Partum hemorrhage etc.
- 5. Diagnosis and management/referral of patients with Depression, Anxiety, Dementia, Psychosis, Schizophrenia etc.
- 6. Diagnosis and management/referral of patients with Acute Pyelonephritis, UTIS, Stones in Urinary Tract etc.
- 7. IV Canulation, NG intubation, ETT intubation, Blood Sampling including ABGs collection, Foley's Catheterization, Stomach Decompression etc.
- 8. Teaching medical students attending their ward duties, as well as teaching nurses and paramedical staff.

Leadership and Team Work Skills.

- 1. Remained the chairman of Khushal Khattak Student Society, Ayub Medical College, Abbottabad, KP, Pakistan during for a period of one year during my Final Year MBBS. Under my leadership, various events were organized by the society, including Annual Get Together, Collection of donations for purchasing medications for the poor patients in pediatric ward of Ayub Teaching Hospital, leading the cricket team in the Annual Flood Light Cricket Tournament, Arranging a stall at the annual fun fair even in Ayub Medical College.
- 2. Supervised medical students in their ward duties while working in Pak Red Crescent Teaching Hospital
- 3. Being the most experienced medical officer in Pak Red Crescent Teaching Hospital, I was sought to for advice on diagnosis/investigations/and management of not only surgical patients, but also medical/cardiology/and pediatrics patient

4. Closely worked with Medical Officers from other departments during my job at Pak Red Crescent Teaching Hospital, especially during Accident and Emergency duties.
5. Supervised House Officers while working at Pak Red Crescent Teaching Hospital

Teaching and Academic Skills:

1. Taught medical students of all professional MBBS
2. Skilled in white board teaching, ppt presentations, case based discussions, small group discussions, and problem based learning
3. Assisted in conducting examinations
4. Assisted teacher assessments
5. Compiling student evaluations and internal assessments.
6. Assisted in curriculum review

OBJECTIVE

- To put my capabilities in the service of the suffering Humanity and to alleviate the remedies of the poor patients, that will also enhance my experience in medical practice, and to improve my teaching and academic skills.

Languages

Language	Speaking	Writing	Understanding
English	Excellent	Excellent	Excellent
Urdu	Excellent	Excellent	Excellent
Pashto	Excellent	Excellent	Excellent

Computer Skills

MS Word, MS Office, MS Excel
Typing

Hobbies

- ☐ Book Reading
- ☐ Hiking
- ☐ Football
- ☐ Cricket
- ☐ Gardening

References

References are available on Request.